

Please provide all dates and types of employment held since the discipline was imposed:

(Attach additional sheet if necessary)

See attachment 1

Please provide all continuing or remedial education completed since the discipline was ordered: *(attach additional sheet if necessary)*

See attachment 2

If the Petitioner has sought medical treatment, psychotherapy or counseling since the discipline was ordered, and if rehabilitation is relied upon as a basis for petitioning that the license be restored, provide the name and address of the treating professional, and whether Petitioner consents to disclosure by the professional of matters which are relevant to whether the Petitioner is fit to resume practice.

See attachment 3

Please provide any other information evidencing rehabilitation, which would bear upon the request for relief or restoration of a license.

See attachment 4 and exhibits A-C.

ATTACHMENT 1
RESTORATION PETITION OF CHRIST P. KOULIS, M.D.

Please provide all dates and types of employment held since the discipline was imposed:

- As of June 19, 2002, Dr. Koulis became an employee of 1st MED Marketing Group, Inc., involving the sale and marketing of HIPPAA compliance information. This position, and related activities, continue.
- In September 2002, he established the company Advanced Medical-Legal Consulting, through which he reviews, on a consulting basis, documents and correspondence. His involvement with this endeavor continues.
- Dr. Koulis has not practiced medicine since April 2002.

ATTACHMENT 2
RESTORATION PETITION OF CHRIST P. KOULIS, M.D.

Please provide all continuing or remedial education completed since the discipline was ordered:

- Dr. Koulis obtained 20.5 hours of category 1 CME from April 30 - May 2, 2003 for the course "Maintaining Proper Boundaries."
- Dr. Koulis reviews and studies medical journals and textbooks on a daily basis to stay current and updated in relation to his areas of specialty. His practice of studying medical information updates averages 2 hours a day, at least 5 days a week.
- Dr. Koulis remains current in relation to HIPAA compliance, and has obtained certification in this area through his employer, 1st MED Marketing.

ATTACHMENT 3
RESTORATION PETITION OF CHRIST P. KOULIS, M.D.

Summary of medical treatment, psychotherapy or counseling since the discipline was ordered:

- May 1, 2002 - May 29, 2002 - In-patient rehabilitation for substance abuse/addiction - Cottonwood du Tucson, Arizona.
- July 22, 2002 through August 29, 2002: Dr. Koulis sought treatment through the Rush Behavioral Health Professional's Program (Letter of reference attached).
- August 29, 2002 to present: Dr. Koulis entered into a Caduceus Aftercare Agreement, which is currently in force, and which includes, among other things, random urine screens. He is fully compliant with this agreement (Letter of reference attached).
- September 3, 2002 to present: Dr. Koulis obtained the advocacy of the Illinois Professional's Health Program (Letter of reference attached).
- February 2003 to present: bi-weekly counseling sessions at Life Enrichment Services (Letter of reference attached).

ATTACHMENT 4
RESTORATION PETITION OF CHRIST P. KOULIS, M.D.

Other information evidencing rehabilitation:

This experience has resulted in severe personal consequences for me, yet I have also undergone an intensive, extensive education and I regret my addiction as well as my actions while under the addiction. I fully accept responsibility for my actions while impaired and their consequences, and I have demonstrated a sincere, consistent effort to rebuild my professional integrity and I am committed to never experiencing such problems again, either personally or professionally. My good faith participation in my rehabilitation is evidenced by the following:

1. I completed a 29-day in-patient treatment program at Cottonwood du Tucson.
2. I completed the Rush Behavioral Health Program in August 2002.
3. I attend an average of 5 12-Step Meetings a week, since the time of my discharge from the Rush program in August 2002.
4. I have a strong and responsive 12-Step program sponsor with whom I contact at least 4-5 times a week.
5. I have re-connected with my religion, Greek Orthodoxy.
6. I attend a Caduceus meeting on a weekly basis.
7. I am fully compliant with random urine screening requirements and am available for testing even when traveling.
8. I attend bi-weekly therapy sessions, as recommended by my primary psychiatrist, Dr. Angres.
9. I am continuing my medical education and training.
10. I have obtained the advocacy of Dr. Doot of the Illinois Physician's Assistance Program.
11. I have sought out and obtained professional positions that continue my professional education.
12. I have remained in a healthy, stable relationship for 3½ years, and my wife fully supports my continuing recovery efforts.

I have done each and every task, program or activity that has been requested of me, and have continued to show a willingness to learn, grow and change as a result of this experience.

ATTACHMENT 5
RESTORATION PETITION OF CHRIST P. KOULIS, M.D.

Please provide a statement regarding the future plans of the Petitioner:

I hope to return to the practice of medicine in Illinois in the near future. My long term goal is to resume the practice of plastic and reconstructive surgery, for which I underwent a long and thorough training, and I plan to obtain my board certification when the Board of Plastic surgery reinstates my board eligibility.

Upon my eventual return to the practice of plastic surgery, it is my plan to focus more upon the reconstructive aspects of plastic and reconstructive surgery, particularly as it relates to reconstruction of tumors of the head and neck, as well as congenital defects, particularly in the area of cleft lip and palate repair. As a resident at Vanderbilt University, I traveled to Guatemala to perform such work on the indigent population, and found it immensely rewarding. I recently made contact with a mission group that performs similar work on children in Tanzania and Kenya, and I hope to be able to participate in their next mission in November of this year.

My wife, who is an author and illustrator of children's spiritual books, shares my interest in ultimately developing a free standing, not-for-profit center that would treat children with congenital defects in the Midwest, as well as through mission work abroad.

In the short term, however, as part of my re-integration into medicine, I plan to initially obtain employment in the area of emergency medicine, in which I have a strong background. I would like to pursue employment in low volume, small rural hospitals where need is great.



July 2, 2003

Illinois Department of Professional Regulation
100 West Randolph Street, 9th Floor
Chicago, IL 60601

To Whom It May Concern:

Dr. Christ Koulis completed the healthcare professional program at Rush Behavioral Health in Downers Grove, Illinois, on 9/1/02. This was a follow-up of his program to his successfully completed inpatient stay at Cottonwood De Tucson.

Dr. Koulis completed every aspect of our program successfully. He was able to acknowledge his having the disease of chemical dependency. He was also assessed for sexual addiction and was thought to not have sexual addiction. There was an acknowledgement of intimacy issues that he is continuing to work on in his recovery, and with a therapist (Cindy Power). He also completed a Boundaries Course at Vanderbilt. Dr. Koulis is in our aftercare program at Rush Behavioral Health which involves a minimum of 20 months of weekly professionally facilitated Caduceus meetings, a commitment to 12-step recovery with sponsorship as well as involvement with the Illinois Professional Health Program under the direction of Dr. Marty Doot. The latter includes random urine monitoring. At this point, Dr. Koulis is compliant with all aspects of his aftercare and has remained sober. He will also be engaging in individual psychotherapy to assist with his recovery.

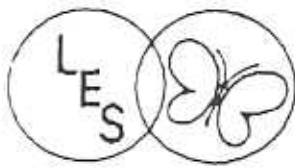
It is my opinion that Dr. Koulis, if he adheres to his aftercare program and is compliant with all aspects of his monitoring, would be appropriate for a return to medicine in an appropriate manner. If licensed to practice, it would be our recommendation that he restrict his practice at least for a period of 6 to 12 months to a primary care type of setting with no access to mood altering addicting substances. There also should be appropriate monitoring and safeguard within the workplace that can be part of his probationary return to medicine.

If I can be of any further assistance at this time, please let me know.

Sincerely,

A handwritten signature in black ink, appearing to read 'Dan Angres' with a stylized flourish at the end.

Daniel H. Angres, M.D.
Director, Rush Behavioral Health



LIFE ENRICHMENT SERVICES, INC.

2238 APPLEBY DR. • WHEATON, ILLINOIS 60187 • (630) 653-1923 • FAX (630) 653-8592

June 30, 2003

To: Executive Director
Illinois Department of Professional Regulations

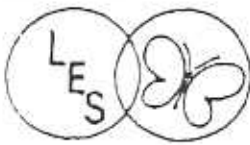
Re: Christ P. Koulis, M.D.
DOB: 09-22-67

Dear Executive Director and Others to Whom It May Pertain:

I am a Licensed Clinical Professional Counselor in the State of Illinois, with thirty years of clinical practice in Mental Health Centers and now in private practice at Life Enrichment Services, Inc. For the past ten years I have been certified in and specializing in the Process Addictions (sex addictions, pathological gambling, internet addictions, compulsive debting, etc.). In addition I do trainings and consultations, all around the State, concerning the Process Addictions. One of my roles, as a certified sex therapist and a certified process addiction specialist, is that I serve as Evaluator, Consultant and Referral Source for the Rush Behavioral Health Care and Addiction Recovery Center in Downers Grove, which is under the able direction of Dr. Dan Angres. It is in this latter capacity that I first came to know Christ Koulis, M.D.

Christ P. Koulis, M.D., was first referred to me for a sexual addiction evaluation by Rush Behavioral Health personnel in October of 2002. Christ had already completed a month long program at Cottonwood Treatment Center in May of 2002, had had a weeklong evaluation at Vanderbilt University re: Professional Boundary violations and had undergone a one week long sexual addiction evaluation in Kansas City, by Dr. Richard Irons. Most unfortunately, Dr. Irons totally unexpectedly died. My evaluation was then, in part, a replacement for Dr. Irons' evaluation and, in part, an assessment of Christ's recovery progress. Christ was in treatment at Rush Behavioral Health Care Center, for Demerol dependence, both in the Day Program and then the Intensive Outpatient Program. Rush makes it a practice to assess, treat and / or refer out for additional treatment, any and all issues a client may have. Because of Dr. Irons' untimely demise and Rush's treatment thoroughness, Christ was referred to me. I believe three quotes from my report should provide a concise but sufficient summary of my evaluation:

"...he is now in remission from sexually addictive acting-out. Furthermore, his specific manner of sexually acting out has taken the form of a sub-set of sexual addiction: SLAA,



characterized by serial relationships, affairs, liaisons or simultaneous multiple relationships. He does not evidence, past or present, any other forms of sexual addiction...."

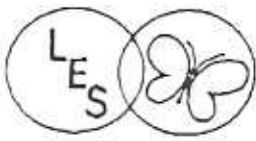
"... the majority of his interpersonal problems are the result of his frequent acts of infidelity and the majority of his legal and professional difficulties are the result of his Demerol use and violation of professional boundaries....It appears his multiple relationships, serial affairs, and sexual misconduct began with the occurrence of the failure of marital intimacy, rather than the affairs being the cause of the marital failure..."

"... In Summary, prognosis is positive. Christ presents as sufficiently invested in maintaining his professional status to successfully respond to the above indicated therapy / treatment. If Christ maintains a monitored drug-free sobriety program, he should be able to practice professionally with reasonable skill and safety. He has evidenced monogamy with his lady-friend since June, 2001..."

Christ returned for individual therapy (one of the recommendations in my evaluation) on 02-25-03. He and I agreed to two sessions a month along with cognitive-behavioral and written homework between sessions. He has been in compliance with the two sessions a month. The one exception being in May, when we met only on the 6th. He called from Tennessee, needing to reschedule his May 20th appointment with me due to Court related issues in TN and KY. Since the 02-25-03 inception of his individual counseling with me, concerning his SLAA (Sex and Love Addicts Anonymous) behaviors and alleged boundary violations, he has seen me eight times. His next appointment is for 07-02-03 at noon.

Christ is in compliance with all my written assignments and has even typed some of them out. Treatment emphasis has been on "second-order change" (or true recovery) vs. abstinence-only from acting out inappropriately. Therapy with me has been only one component of his over-all treatment plan. He has also been attending Caduceus meetings at Rush on Tuesday evenings, attends a 12-Step meeting, and additionally meets with Dr. Angres.

I have seen important cognitive, attitudinal and positive behavioral changes in Christ. He remains desirous of regaining his Illinois license to practice medicine. I concur and strongly advocate for his regaining his medical license.



He is planning on extending his practice to helping children and Cleft Palate patients and persons needing reconstruction vs. doing only cosmetic and augmentation cases. I strongly support this change in his practice.

Please call if I can be of additional assistance to you in your hopefully positive deliberations re: Christ Koulis' case.

Respectfully submitted,

Cynthia A. Power, MA, LCPC, CSC, CAS, CSAT-2, CCGC, CPCGC, ICGC
Licensed Clinical Professional Counselor
Certified Sex Counselor
Certified Addictions Specialist
Certified Sex Addictions Therapist-Level 2
Certified Compulsive Gambling Counselor
Certified Problem & Compulsive Gambling Counselor
Internationally Certified Gambling Counselor

July 10, 2003

Illinois Department of Professional Regulation
100 W. Randolph St., 9-300
Chicago, IL 60601

Re: Christ Koulis, M.D.

To Whom It May Concern:

This is to inform you that Christ Koulis, M.D. has been a participant in the Illinois Professionals Health Program (IPHP) since June 7, 2002. He presented to us for support and advocacy following an inpatient admission at Cottonwood De Tucson, May 1, 2002 - May 29, 2002.

Dr. Koulis signed a voluntary Aftercare Agreement with our program on June 7, 2002. The Agreement is in effect until June 6, 2007. The agreement includes:

- complete recommended levels of care at Rush Behavioral Health
- attendance at a minimum of two 12-step meetings weekly
- weekly attendance at a professionally facilitated caduceus continuing care group
- routine follow up with an addiction medicine specialist
- follow up with a primary care physician as needed
- abstinence from all mood altering drugs/psychoactive drugs with the exception of those prescribed by his physicians
- random urine toxicology screens
- case management contact with his IPHP case manager

As noted, it was recommended that Dr. Koulis enter the healthcare professional program at Rush Behavioral Health in Downers Grove, IL. Dr. Koulis did as recommended and was admitted to the Rush program July 22, 2002 - September 1, 2002.

Dr. Koulis is currently in Rush's aftercare program for a minimum of twenty months of Caduceus meetings, a commitment to 12-Step meetings with sponsorship, and participation in IPHP. Regular reporting of Dr. Koulis' compliance with his Rush aftercare plan is communicated to Mr. Romano. Dr. Angres from Rush has made specific recommendations for Dr. Koulis' return to practice which we support. He recommends that if licensed to practice, "he restrict his practice at least for a period of 6 to 12 months to a primary care type of setting with no access to mood altering addicting substances. There should also be appropriate monitoring and safeguard within the workplace that can be part of his probationary return to medicine."

An amendment to the Agreement dated March 25, 2003 included individual therapy with Cindy Power. Dr. Koulis has been meeting with therapist Cindy Power who reports that he has been in compliance in attending twice monthly sessions with her and in completing written assignments. In her most recent report to IPHP Ms. Power supports change in his practice to extend care "to helping children and Cleft Palate patients and persons needing reconstruction vs. doing only cosmetic and augmentation cases."

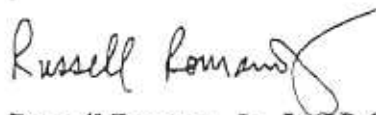
Dr. Koulis currently is in full compliance with all the aspects of his IPHP Agreement for participation. All toxicologies have been negative with no missed tests. Dr. Koulis' documented compliance with his recovery plan indicates to us that his petition to restore his license is appropriate at this time. Therefore, acknowledging the recommendations of Dr. Angres from Rush and Ms. Power, we support the restoration of his license.

If you require additional information about the Illinois Professionals Health Program, please contact us at (847) 795-2810.

Sincerely,



Martin Doot, M.D.
Medical Director



Russell Romano, Jr., L.C.P.C., C.A.D.C.
Case Manager

Illinois Professionals Health Program