Illinois Department of Financial & Professional Regulation
Division of Professional Regulation
Music Therapy Advisory Board Minutes

Date: November 28, 2016

Call to Order: 10:05 A.M. – Jessica Baer, Chairperson

Location: IDFPR – Division of Professional Regulation, 100 W Randolph, 9th Floor Room 9-171A, Chicago, IL 60601

Board Members Present: Jessica Baer, Chairperson
Andrea Crimmins, Ph.D., MT-BC, Member
Louise Dimiceli-Mitran, LCPC, MT-BC, Member
Kyle Fleming, MT-BC, Member
Candi Gray, LCSW, Member (via phone)
Russell Hilliard, Ph.D., LCSW, MT-BC, Member (via phone)

Board Member(s) Absent: Clifton Saper, Ph.D., Member

Staff Members Present: Azeema Akram, Assistant General Counsel
Vaughn Bentley, Law Clerk, Office of General Counsel
Stephanie Rosienski, Law Clerk, Office of General Counsel

Guests: Firas Nakshabandi, M.D., Member, Illinois Psychiatric Society
Meryl Camin Sosa, Esq., Executive Director, Illinois Psychiatric Society
U-Jung Choe, Chair, Illinois Competitiveness Council

Via phone:
Dena Register, PhD, MT-BC, Regulatory Affairs Advisor, Certification Board for Music Therapists
Judy Simpson, MT-BC, Director of Government Relations, American Music Therapy Association
Lisa Mahaffey, President, Illinois Occupational Therapy Association
Robin Jones, Advocacy Director, Illinois Occupational Therapy Association
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<th>Topic</th>
<th>Discussion</th>
<th>Action</th>
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<td>Motion to Allow Members to Attend via Phone</td>
<td>A motion was made by Dimiceli-Mitran / seconded by Fleming to allow Gray to attend by phone due to family emergency pursuant to 5 ILCS 12/7 of the Open Meetings Act. Motion passed unanimously.</td>
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<td>Roll Call</td>
<td>Jessica Baer, present Andrea Crimmins, present Louise Dimiceli-Mitran, present Kyle Fleming, present Candi Gray, present via phone Russell Hilliard, present via phone Clifton Saper, absent</td>
<td>A motion was made by Dimiceli-Mitran / seconded by Crimmins to allow Hilliard to attend due to employment pursuant to 5 ILCS 120/7 of the Open Meetings Act. Motion passed unanimously.</td>
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<td>Analysis of Advisory Board Action</td>
<td>Ms. Akram reviewed the previous meeting that took place and reviewed the agenda. Ms. Akram informed the Advisory Board that the representative from the Office of Governor Bruce Rauner who planned to testify would not be attending due to a scheduling conflict, and that another guest from the Illinois Competitiveness Council would be testifying on the same subject. Guests Dena Register, Certification Board for Music Therapists, and Judy Simpson, American Music Therapy Association Ms. Register and Ms. Simpson provided a comprehensive review of the standards required for the Music Therapist – Board Certified credential. They also provided a review of the regulation of music therapy across the United States. Ms. Register and Ms. Simpson discussed the music therapy curriculum, the difference between credentials and certification, two examples of public harm caused by music therapists that provided substandard care, a definition of “assessment” that is unique to the profession, and ethics standards. They answered extensive Advisory Board inquiries on all aspects of their testimonies, including insurance reimbursement and the wide variety of settings in which music therapists practice. Guests Lisa Mahaffey and Robin Jones, Illinois Occupational Therapy Association Ms. Mahaffey and Ms. Jones reviewed the Illinois Occupational Therapy Association’s position regarding music therapy, that the Association is not in opposition to the profession and opposes a licensure practice act. They raised concerns over previous practice act legislation that</td>
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appeared to propose that the use of music in the practice of other professions would constitute a violation of the act. The Association takes a neutral position to the language of the Music Therapy Advisory Board Act. Ms. Mahaffey and Ms. Jones suggested that the Advisory Board consider factors such as the need for regulation of the music therapy profession, the need for a license vs. title protection, and whether the lack of public harm warrants regulation of the profession. They answered Advisory Board inquiries regarding language creating an exemption from licensure for other professions that use music in their practices, and the differences between certain provisions in the previously proposed practice act and the Music Therapy Advisory Board Act.

Guests Firas Nakshabandi, M.D. and Meryl Camin Sosa, Esq., Illinois Psychiatric Society
Dr. Nakshabandi reviewed his experience working with music therapy and the use of music from his personal perspective as a psychiatrist. He discussed the makeup of a multidisciplinary team that includes music therapists, practice settings (e.g., ICU, outpatient treatment), and examples of the types of disorders and conditions his patients have who respond well to music (attention deficit disorder, confidence issues). He expressed an interest in exploring research that addresses the effects of different types and levels of music in creating certain outcomes. Dr. Nakshabandi expressed concern over whether regulation of music therapy would require other professions to undergo additional educational training in order to use music in their practices. He answered extensive Advisory Board inquiries on all aspects of his testimony, such as the use of music as a modality and music therapy as a profession.
Ms. Sosa suggested that if the Advisory Board recommends licensure, that there be some exemption language for other professionals that use music, and encouraged careful drafting of legislation language.

Guest U-Jung Choe, Illinois Competitiveness Council
Ms. Choe reviewed the Illinois Competitiveness Council, which was established by Executive Order 16-13 signed by Governor Rauner. The Executive Order requires over forty State agencies, including the Illinois Department of Financial & Professional Regulation, to review their administrative rules as part of the Cutting the Red Tape Initiative. Through this review, these agencies are to ensure that their rules meet certain guidelines, such as that the rules do not impose unduly burdensome requirements on business or have a negative effect on job growth in Illinois. Ms. Choe stated that the Executive Order requires each of these agencies to complete this review by May 1, 2017, and submit quarterly report to the Council until the deadline. She answered Board member inquiries regarding the Executive Order’s relation to this Advisory Board, including other State agencies included in this review process that deal music therapy topics of interest to the Advisory Board such as reimbursement options through Medicaid.
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<tr>
<th>Approval of September 26, 2016 Minutes</th>
<th>A motion was made by Baer / seconded by Fleming to approve the September 26, 2016 meeting minutes. Motion passed unanimously.</th>
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<tr>
<td>Approval of October 31, 2016 Minutes</td>
<td>A motion was made by Crimmins / seconded by Dimiceli-Mitran to approve the October 31, 2016 meeting minutes. Motion passed unanimously.</td>
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| Old Business                         | I. The Advisory Board discussed potential future meetings dates for January through April 2017.  
II. Travel vouchers were previously distributed to Advisory Board members. |
| Adjournment                           | There being no further business to discuss, a motion was made by Crimmins / seconded by Fleming to adjourn at 11:52 A.M. Motion passed unanimously. |